



Lyme Disease Symptom List

Head, Face, Neck

- Unexplained hair loss
- Headache, mild or severe, seizures
- Pressure in head, white matter lesions in brain (MRI)
- Twitching of facial or other muscles
- Facial paralysis (Bell's Palsy, Horner's syndrome)
- Tingling of nose, (tip of) tongue, cheek or facial flushing
- Stiff or painful neck
- Jaw pain or stiffness
- Dental problems
- Sore throat, clearing throat a lot, phlegm (flem), hoarseness, runny nose

Eyes/Vision

- Double or blurry vision
- Increased floating spots
- Pain in eyes, or swelling around eyes
- Oversensitivity to light
- Flashing lights, peripheral waves or phantom images in corner of eyes

Ears/Hearing

- Decreased hearing in one or both ears, plugged ears
- Buzzing in ears
- Pain in ears, oversensitivity to sounds
- Ringing in one or both ears

Digestive and Excretory Systems

- Diarrhea
- Constipation
- Irritable bladder (trouble starting, stopping) or interstitial cystitis
- Upset stomach (nausea or pain) or GERD (gastroesophageal reflux disease)

Musculoskeletal System

- Bone pain, joint pain or swelling, carpal tunnel syndrome

- Stiffness of joints, back, neck, tennis elbow
- Muscle pain or cramps, (Fibromyalgia)

Respiratory and Circulatory Systems

- Shortness of breath, can't get full/satisfying breath, cough
- Chest pain or rib soreness
- Night sweats or unexplained chills
- Heart palpitations or extra beats
- Endocarditis, heart blockage

Neurologic System

- Tremors or unexplained shaking
- Burning or stabbing sensations in the body
- Fatigue, Chronic Fatigue Syndrome, weakness, peripheral neuropathy or partial paralysis
- Pressure in the head
- Numbness in body, tingling, pinpricks
- Poor balance, dizziness, difficulty walking
- Increased motion sickness
- Light-headedness, wooziness

Psychological Well-being

- Mood swings, irritability, bi-polar disorder
- Unusual depression
- Disorientation (getting or feeling lost)
- Feeling as if you are losing your mind
- Over-emotional reactions, crying easily
- Too much sleep, or insomnia
- Difficulty falling or staying asleep
- Narcolepsy, sleep apnea
- Panic attacks, anxiety

Mental Capability

- Memory loss (short or long term)
- Confusion, difficulty thinking
- Difficulty with concentration or reading
- Going to the wrong place
- Speech difficulty (slurred or slow)
- Difficulty finding commonly used words
- Stammering speech

- Forgetting how to perform simple tasks

Reproduction and Sexuality

- Loss of sex drive
- Sexual dysfunction
- Unexplained menstrual pain, irregularity
- Unexplained breast pain, discharge
- Testicular or pelvic pain

General Well-being

- Phantom smells
- Unexplained weight gain or loss
- Extreme fatigue
- Swollen glands or lymph nodes
- Unexplained fevers (high or low grade)
- Continual infections (sinus, kidney, eye, etc.)
- Symptoms seem to change, come and go
- Pain migrates (moves) to different body parts
- Early on, experienced a “flu-like” illness, after which you have not since felt well
- Low body temperature
- Allergies or chemical sensitivities
- Increased effect from alcohol and possible worse hangover

If you have more than 20 of these symptoms, and more importantly symptoms that cross over into other parts or systems of the body, that may come and go, wax and wane in severity then you should investigate Lyme disease. Contact [CanLyme](#).